

2021 INTERNATIONAL BUDDHIST RECOVERY SUMMIT

THE BUDDHIST RECOVERY NETWORK PRESENTS “CREATING COMMUNITY” AN ONLINE SUMMIT **DECEMBER 3 – 5TH.**

The Friday will open with traditional Buddhists Chants, Keynote and Recovery Disco. The summit will be on zoom and is open to everyone: people in recovery, teachers, authors, healers, meeting facilitators and others.

Join us for this fun and connecting event!

Featuring Speakers:

Carol Cano, Dave Smith, Vince Cullen, Vimalasara, Todd Young and many more!

This Year's Topics Include:

Two Keynote speakers; Loch Kelly author of *Shift into Freedom*, will talk about Self-Compassion and Shun Foreman, an expert on sugar addiction, will talk about the Connection of Sugar Addiction and Slavery.

Workshops on *Yoga in Mindful Recovery* and on *Using the Voice to cultivate Recovery* (chanting)

Keynote talks: *The Connection of Sugar Addiction and Slavery* and *Self-Compassion*

Panels on: *Mindful Eating; AAPI and Buddhist Recovery; The Stages of Recovery; Sex, Lust, Pornography; Recovery and Mental Health* and *Co-dependency*

A conversation with Vimalasara and Todd Young on *Psychedelics & Recovery*

And last but not least, a variety of connecting, recovery meetings throughout all three days!

For pricing and tickets visit
buddhistrecoverysummit.eventbrite.com



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